



# Swamp Yankee Cook-Off

October 14 2023

BY: Big Fellas BBQ Team

To Benefit: Wings Of Freedom Animal Rescue

Valley Springs Sportsman's Club

65 Valley Rd, North Grosvenordale, CT 06255

Digital Sign-up: <https://forms.gle/o23n2mLpnHZRQkrXA>



Team Name: \_\_\_\_\_ Chief Cook: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_ Email: \_\_\_\_\_

## Kids Category's:

- **Anything On A Stick**

**\$20**

**Sign ups will not be taken without payment. Teams can not be taken after 10/07/23**

### Liability Waiver

Big Fellas BBQ Team (Hereinafter known as event sponsor) VSSC and the Northeast Barbecue Society, including its members, officers, sponsors, and/or associates, and the contestants, including parents, and or legal representatives, agree that the event sponsor, event host, and NEBS will in no case be responsible for any loss, damage or employee's regardless of how much loss, damage, or injury is occasioned, and agree to indemnify and hold harmless the event sponsor, event host, and NEBS from any and all claims, suits or judgments including the cost of defense of any claim arising from such action against the event sponsor, event host, and NEBS. Furthermore, I hereby grant full permission to the event sponsor, event host, and NEBS and/or their agents to use any photographs, videotapes, or any other record of this event for legitimate purposes.

I have read and understand and agree to abide by all NEBS rules governing the Swamp Yankee Cook-off presented by the event sponsor and NEBS.

Signature of Parent of Cook: \_\_\_\_\_ Date: \_\_\_\_\_  
Print name of Parent of Cook: \_\_\_\_\_  
Print name of Child Cook: \_\_\_\_\_  
NEBS Member # \_\_\_\_\_ (if applicable)

Make checks payable to: Chris Kelley **MEMO : Swamp Yankee Cook-Off**

Please mail or email this application, along with the total entry fee to:

**Swamp Yankee Cook-Off ~ P.O. Box 127 Grosvenordale, CT 06246**

**Venmo: @Patrick-Murray-208    Paypal: @Patrickmurray77    MEMO: Swamp Yankee Kids**

Questions please email: Chris Kelley at [chriswkelley@gmail.com](mailto:chriswkelley@gmail.com) or Patrick Murray at [patrickmurray77@gmail.com](mailto:patrickmurray77@gmail.com)

## KIDS Q COOKS PACKET

A cook's rules packet containing all instructions, and necessary information may be viewed at [www.nebs.org](http://www.nebs.org)

### **Swamp Yankee Cook-off Kid's Q will be a 1 Category event.**

- (1) **Anything on a Stick**: Chefs Choice! Beef, Chicken, Pork, or any other meat you choose. After inspection meat may be cooked, stuffed, wrapped, injected, sauced any way the cook sees fit. This will be a NEBS Open Garnish contest. Garnish is optional. Any garnish the cook chooses to use is allowed. Teams are reminded that the category should focus on the meat and judges will be looking for easy identification of it - all additional stuffing, sauces, etc. should complement and not hide or disguise the entry. examples of anything on a stick include beef teriyaki sticks, kebabs, or Shrimp on the Barbie!

### **FOOD / MEAT INSPECTION AT ARRIVAL:**

- All meat and other cooking products will be provided by the contestant.
- All category items must be raw and cooked on-site, and no pre-seasoning, pre-stuffing, pre-marinating, brining, or any other type of pre-flavoring of the contest meats will be allowed until the meat has been inspected after arrival at the cook-off site; unless otherwise noted in the individual category.
- Meats may be trimmed and/or prepped before arrival at the cook-off site, but no flavors may be added to the contest meats until they are inspected.
- Once the meats are inspected, they may be rubbed, injected, marinated or otherwise flavored and cooked, as the cook sees fit.
- Once cooked, all entries may be presented for judging dry, basted, sauced, or otherwise flavored as the cook sees fit.
- Each cooking team must provide their own meats, seasonings, sauces, garnishes, and all tools and utensils necessary to cook and serve their entries.

### **COOKING / GRILLING / SMOKING:**

- Any type of fuel source the cook wishes to use will be allowed, including, but not limited to: charcoal, wood, propane and electricity.
- Each cooking team must provide their own cookers, grills or smokers, and no team may share their grills, cookers or smokers with any other cooking team.
- All cooking must be done in the grills, cookers or smokers provided by the team, and no cooking will be allowed on the ground or in the ground.

### **FOOD SAFETY:**

- Each cooking team must provide a three-stage washing station, consisting of a tub or pan of soapy water, a tub or pan of rinsing water, and a tub or pan of disinfecting water. Disinfecting water consists of 1 Tablespoon of bleach per gallon of water.
- Each cooking team must have a fire extinguisher on their site at all times during the event.
- Each cooking team must have a meat thermometer on their site at all times for food safety.
- Each cooking team is expected to adhere to the highest food-safety procedures, and latex or vinyl gloves are recommended when preparing and handling meats.
- Proper storage of meat is required. It must be maintained below 40F before cooking and above 140F after cooking.

### **COOKING SITE INFORMATION:**

- Each cooking team is expected to leave their cooking site in equal or better condition than it was when they arrived, and each team's cooking site will be inspected when they leave the

event.

- Each cooking site will be at least 12' x 12' (based on application) and all tents, tables, grills, cookers or smokers should fit within each teams' assigned space.
- Water will be available at the contest.
- Electricity will be available at the contest.
- Trash disposal will be available at the contest.
- Ash disposal will be available at the contest.
- Restroom facilities will be available at the contest.
- Site assignments will be made
- Any team who leaves their site in an unacceptable condition will not be invited back to future cook offs and will not be allowed to compete in a Northeast Barbecue Society sanctioned event for one (1) year.

### **PRESENTATION:**

Category entries:

- Anything On a Stick - Garnish is OPEN
  - OPEN GARNISH - Anything goes. Stuffing, wrapping, skewers, and decorations of any kind edible or not are allowed. Any size chunks or ingredients can be used.
- Cooks should remember the judges will be instructed to evaluate how well the cook has represented the contest category. Excessive garnish or additional ingredients that cover or hide the appearance and/or taste of the defined category may result in a lower score.
- A 9" x 9" Styrofoam container will be provided to each cooking team for each entry.
- You must enter at least six (6) identifiable, separate portions. The container must be closed when it is submitted for judging.
- Additional information can be found at  
<https://www.nebs.org/wp/wp-content/uploads/2017/01/nebs-grilling-rules.pdf>

### **JUDGING:**

- Once cooked, all entries may be presented for judging.
- Each entry will be judged by six (6) different judges.
- Anything in or on your container that hints at or gives away your team or team name will be grounds for disqualification.
- The double-blind judging system will be used, meaning that no judges will know which team's entry they are judging at any time.
- You MUST enter at least six (6) identifiable, separate portions.
- Container must be closed when it is submitted for judging.

**All entries and categories will be judged on the following three criteria:**

**Appearance - Tenderness – Taste**

**AWARDS:** Trophies and cash prizes will be awarded.

**NEBS Team of the Year:**

The scores from these contests will count towards NEBS 2023 Team of the Year points. Teams must be registered for TOY for the scores to be included. Please see the rules and policies at [www.NEBS.org/toy](http://www.NEBS.org/toy)

In order for scores to count for NEBS Team of the Year, the teams' chief cook must be a member of NEBS at the time of the event and in good standing for the entire season. Information about becoming a member is available at [www.nebs.org](http://www.nebs.org).

Any questions regarding NEBS TOY should be directed by email to: [toy@nebs.org](mailto:toy@nebs.org)

**It is a requirement of this barbecue contest that all contestants, their friends and family, and anyone they may come across have fun, and enjoy the sport of barbecue!**

Any questions should be directed to Chris Kelley at [chriswkelley@gmail.com](mailto:chriswkelley@gmail.com) or Patrick Murray at [patrickmurray77@gmail.com](mailto:patrickmurray77@gmail.com)

# SWAMP YANKEEE COOK-OFF TIMELINE

## ARRIVAL Saturday, October 15, 2023:

Cooking teams may begin arriving and setting up any time after **9 AM** on the day of the event. Meat inspection continues as cooking teams arrive, and at the convenience of the contest officials / meat inspectors - which may be the contest organizers.

Tailgate and Kids Q Cook's Meeting at the Judging Tent to clarify rules, distribute turn-in boxes and answer any questions will be held at **2 PM**.

## Saturday, October 15, 2023

- **9:00 AM Arrival time**
- **2:00 PM ~ Cooks Meetings**
- **4:30 PM Judges** arrive in Judging area for Kids Q and Dessert
- **5:25 PM - 5:35 PM ~ Kids Q** turn in at the Judging Area
- **6:25 PM - 6:35 PM ~ Teams Dessert** turn in at the Judging Area

## Sunday October 15, 2023

- **10:45 am Tailgate Judges** Arrive in the judging area
- **11:15 pm - 11:45 pm ~ Tailgate Judges** Meeting at the Judging Area
- **11:55 pm - 12:05 pm ~ Chicken** turn in at the Judging Area
- **12:25 pm - 12:35 pm ~ Ribs** turn in at the Judging Area
- **2:00 pm - 2:30 pm ~ Awards** (Approximate)

## LOCAL INFORMATION

### Hotels:

Comfort Inn & Suite, 16 Tracy Rd, Dayville, CT 06241

### Grocery Stores:

Walmart Supercenter, 625 School St, Putnam, CT 06260

### Medical:

Day Kimball Hospital , 320 Pomfret St, Putnam, CT 06260

## About Wings Of Freedom Animal Rescue

<http://www.wingsoffreedomanimalrescue.org/About-Us.html>

If anyone would like to contribute further to WOFAR we will have a donation bin at the event. Appropriate donations could be dog supplies like toys, crates, dog food, leashes, harnesses, or dog beds.